

Introduction

In this study, we used liquid chromatography coupled with high and low-resolution mass spectrometry (LC-MS) to broaden the scope and increase sensitivity in detecting known and unknown metabolites in breast milk Standard Reference Material (SRM) 1953 (*Organic Contaminants in Non-Fortified Human Milk*) and SRM 1954 (*Organic Contaminants in Fortified Human Milk*).

The unidentified spectra of metabolites will be searched against NIST Tandem MS Library 2020 by Direct or "Hybrid" [3] searches.

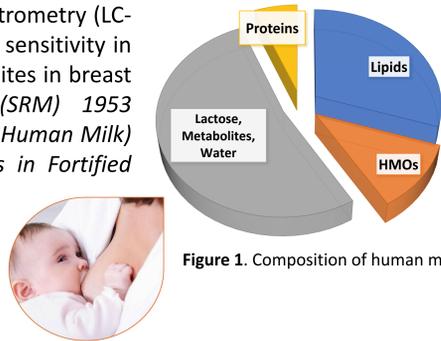


Figure 1. Composition of human milk.

Objectives

- Building a reference MS/MS library of metabolites from breast milk [1].
- Collecting unidentified spectra for expanding data on currently annotated recurrent unidentified spectral libraries [1,2].

Materials & Methods

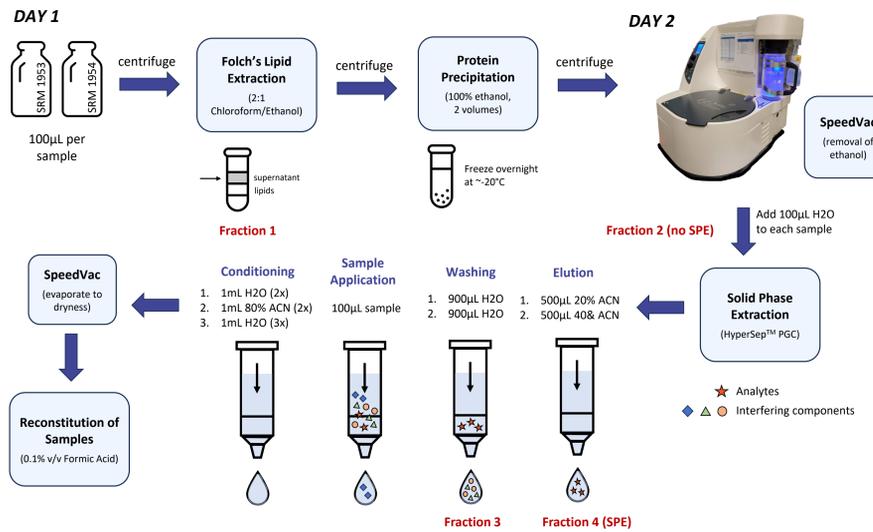


Figure 2. Sample preparation protocol modified for the identification of metabolites in Human Breast Milk SRM 1953 and 1954 [2]. A total of eight samples were prepared for LC-ESI-MS analysis. Porous Graphitic Carbon (PGC) SPE cartridges were used to concentrate the metabolites in the sample.

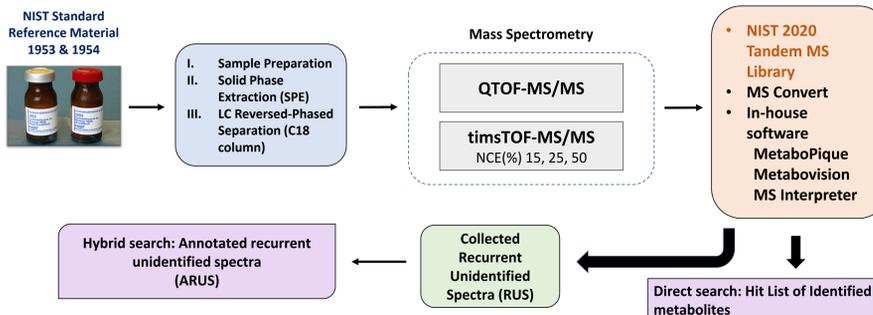


Figure 3. Overview of milk samples analyzed using LC-ESI-MS/MS, in-house software, and NIST 2020 Mass Spectral Library to generate a comprehensive list of metabolites for further characterization.

Results and Discussion

NIST Human Milk Standard Reference Materials

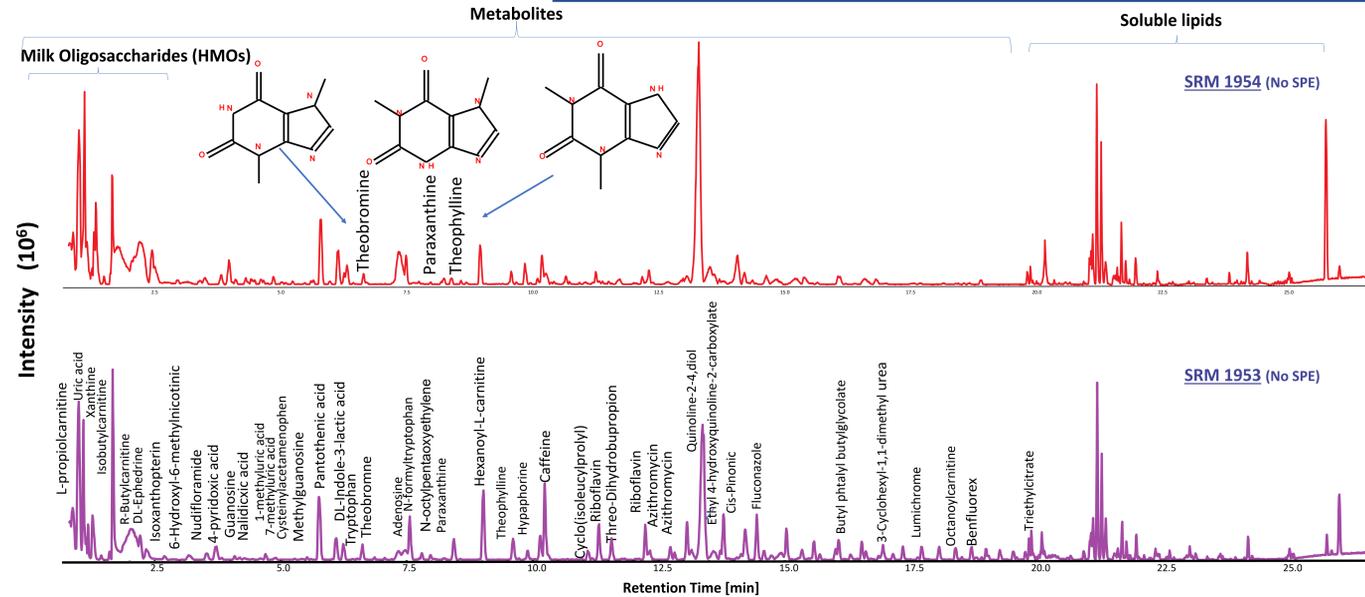


Figure 4. Chromatographic profiles and identification of metabolites in breastmilk Standard Reference Materials 1954 (top) and 1953 (bottom). Dot Product (DP) Score ≥ 800 with NCE 25%

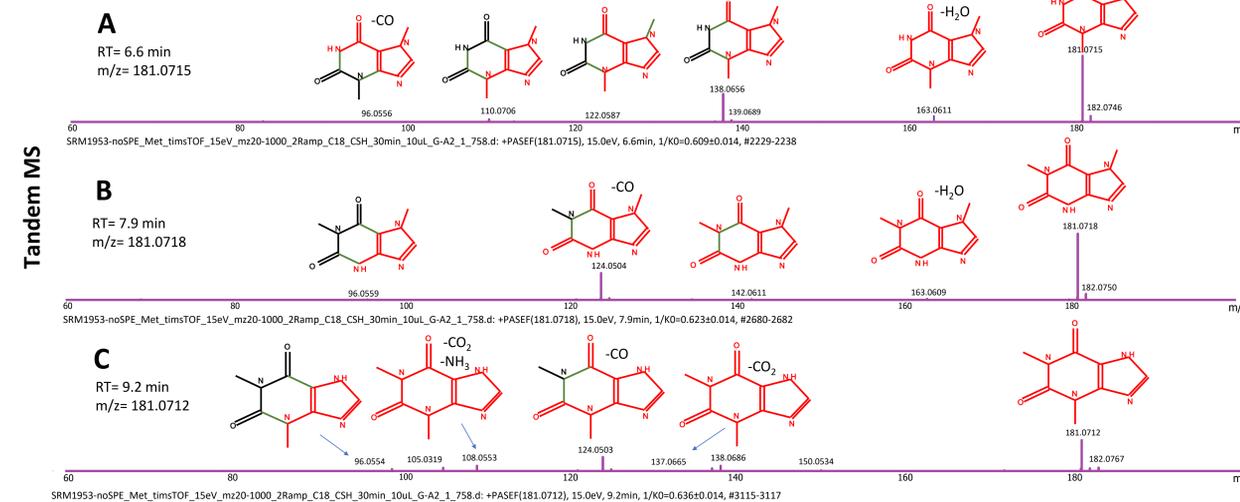


Figure 5. timsTOF-MS/MS of (A) Theobromine (B) Paraxanthine (C) Theophylline identified in breastmilk SRMs. An illustration of fragment annotation using the NIST MS Interpreter.

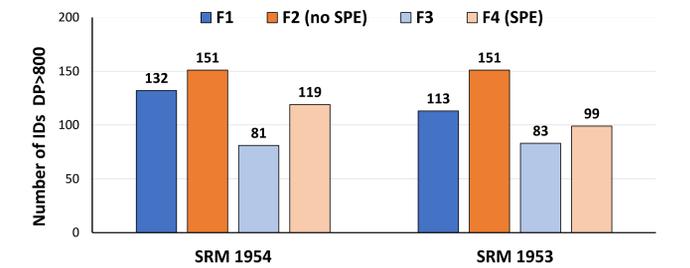


Figure 6. Tandem MS Library-based direct search identification of metabolites in human milk.

Table 1. Examples of identified metabolites abundant in breast milk SRM(s) 1954 & 1953.

^o Metabolite	Retention (min)	Precursor m/z (Exp.)	Adduct Type	*Predicted CCS (Å ²)	*Experimental CCS (Å ²)
D-Psicose	0.8	145.0484	[M+H ₂ O] ⁺	136.200	--
DL-Ephedrine	2.8	148.1107	[M+H ₂ O] ⁺	133.900	--
3-Methylxanthine	4.6	167.0552	[M+H] ⁺	135.203	127.896
Uric acid	1.2	169.0344	[M+H] ⁺	136.170	131.000
Theobromine	6.6	181.0715	[M+H] ⁺	137.906	134.367
Paraxanthine	7.9	181.0718	[M+H] ⁺	138.467	135.625
Theophylline	9.2	181.0712	[M+H] ⁺	137.695	137.580
7-methyluric acid	4.2	183.0499	[M+H] ⁺	131.013	--
1-methyluric acid	4.7	183.0499	[M+H] ⁺	131.769	--
Hypaphorine	9.1	188.0689	[M+H] ⁺	156.200	--
4-Pyridoxic acid	4.3	184.0587	[M+H] ⁺	139.149	135.797
Caffeine	10.2	195.0863	[M+H] ⁺	141.007	141.900
Pantothenic acid	6.1	220.1168	[M+H] ⁺	149.659	148.126
R-Butyrlcarnitine	2.4	232.1529	[M+H] ⁺	150.991	--
Nalidixic acid	4.5	233.0966	[M+H] ⁺	150.200	145.251
Hexanoyl-carnitine	9.7	260.1837	[M+H] ⁺	164.802	--
Fluconazole	14.3	307.1097	[M+H] ⁺	168.800	163.378

Discussion

- There are approx. 269 identified metabolites (DP >400) in SRM 1953 & 1954. There are only 117 breastmilk metabolites reported in the HMDB.
- Theobromine, paraxanthine and theophylline are examples of isomeric metabolites found in milk SRMs by library-based mass spectral searching. The 3 compounds are separated well by retention time. The fragmentation patterns of three isomeric metabolites (Fig. 4) were confirmed using the NIST MS Interpreter.
- Collision cross section (CCS) values (Table 2) are also different for the 3 isomers and constitute an important third dimension for identification.

Conclusions & Outlook

- Library-based mass spectral matching technique has proven effective in identifying untargeted metabolites in breast milk.
- Identified & annotated 269 metabolites in breast milk SRMs using high-resolution mass spectrometry, in-house bioinformatics tools & NIST 2020 Tandem MS Library.
- MS Interpreter has been a very useful tool in confirming the identity of metabolites found in human milk.
- For future work, 10K recurrent spectra are obtained from breast milk SRMs acquired from LC-timsTOF-MS/MS.
- "Hybrid" searching, extensive manual verification, and building a reference library of annotated metabolites for human milk.

References

- Simón-Manso, Y., et al. (2019). Mass Spectrometry Fingerprints of Small-Molecule Metabolites in Biofluids: Building a Spectral Library of Recurrent Spectra for Urine Analysis. *Analytical chemistry*, 91(18), 12021. <https://doi.org/10.1021/acs.analchem.9b02977>
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- Burke, M. C., et al. (2017). The Hybrid Search: A Mass Spectral Library Search Method for Discovery of Modifications in Proteomics. *Proteome Res.* 2017, 16, 5, 1924–1935 <https://doi.org/10.1021/acs.proteome.6b00988>